

WAYS YOU CAN SERVE IN WOMEN'S MINISTRY

Prayer/Study

- Help us pray for women (both in and outside of our church) and how the ministry can best meet their needs.
- Lead others through One-on-One Discipleship or be an Apples of Gold mentor.
- Teach a women's Bible or topical study or host a home group for women.

Inreach/Outreach

- Make and/or deliver meals to families in need.
- Volunteer to help with baby showers
- Help with fund-raising for the ministry itself and/or for outside groups that support women both locally and globally
- Help us welcome women who are new to the church by taking them out for coffee, lunch, etc.

Fellowship

- Participate on planning teams for major events such as luncheons and retreats.
- Share your scrapbooking or other craft-making skills with others.

Promotions

- Assist in maintaining our women's database.
- Contribute articles for the newsletter or help with proofreading and mailing.
- Coordinate the design, printing and mailing of invitations to events.



HOW TO STAY INFORMED

For more information on the Women's Ministry feel free to contact any of the following team members:

Prayer Partners/Studies:

Roylene Cooper (760) 726-2952

Scrapbooking: Barb Kennedy (760) 804-2710

Newsletter: Lyndi Sliwa (760) 402-6902

Retreats: Marie Walter (760) 529-5538

Manna Ministry/BabyShowers:

Stephanie Hickson (760) 434-8236

Events: Evie Blake (760) 439-0205

Women's Ministry events are promoted in the weekly church bulletin and through our Heart & Soul Women's Ministry newsletter.

WOMEN'S MINISTRY



We pray that we are graced women, led by the Spirit and the Word, and used by God to bless His church, our families, and our neighborhoods.

Las Flores Church of the Nazarene
1400 Las Flores Drive
Carlsbad, CA 92008
Phone: (760) 729-0231



Las Flores Women's Ministry

ABOUT THE MINISTRY

Our ministry goals are:

- To cultivate godly Christian women.
- To promote healthy, Christian marriages and families.
- To cultivate an understanding of the Biblical perspective on womanhood.
- To disciple and equip women to fulfill their ministry.
- To help women appreciate the many areas of service open to them in the church.



PRAYER, WOMEN'S STUDIES, MENTORING & DISCIPLESHIP

Our **Heart Partners Prayer Ministry** enables women with similar needs/interests to pray with and for one another. We currently have prayer groups for stay-at-home moms and women who want to heal or strengthen relationships. Additional groups will be forming soon.

In addition to the weekly women's home groups available through the Las Flores Small Group Ministry, the Women's Ministry provides on-going opportunities for women to participate in **Bible studies**. Both in-depth and topical Bible studies focused on women's issues are offered.

Apples of Gold is a six-week nurturing program where women grow together in their love of God, family and others. In these sessions, we encourage each other to be the women God has called us to be through the Titus 2 example of older women teaching younger women.

The Women's Ministry urges all women to participate—either as discipler or disciple-- in **One-to-One Discipleship**, a nine-session course where one believer helps another build strong spiritual disciplines.

An **ongoing mentoring class for teenage girls** is also offered that includes bible study, teaching practical skills, building strong relationships and service to others.

FELLOWSHIP

Throughout the year, the Women's Ministry provides numerous opportunities for fun and fellowship, including:

- Annual events such as the **Ladies Christmas Tea**, the **Spring Luncheon**, the **Valentines' Dinner** (for couples) and the **Pt. Loma Nazarene University Women's Auxiliary Luncheon**
- **Local and District Retreats** and conferences
- **Scrapbooking** & craft-making sessions

Retreat and Conference Scholarships are often available for women who cannot afford some or all of the cost associated with these events. Money for these scholarships is generated through donations and Women's Ministry fundraising events.

INREACH/OUTREACH

Our **Manna Ministry** organizes meals for those within our church who are in need (such as families with new babies or people recuperating from surgery). We backup the efforts our home groups make in this area and ensure that people who aren't connected to a home group receive meals when needed.

In support of our first-time moms, our **Showers Ministry** hosts a baby shower for every Las Flores family expecting their first child.

"Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near." Hebrews 10:24-25

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